

Bishop's Conference

- Saturday August 10, 2024

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- How to use an AED
- How to administer
Narcan (Naloxone)

What is recommended

- Each church should consider having CR certification/training for key personnel (clergy, staff, office staff, ushers...)
- If your congregation has a Parish Nurse or Nurses, collaborate with them to plan for these emergencies.
- Consider purchasing an AED for your church
- Have a designated person in charge of replacing AED supplies (batteries and pads)
- Have a few Naloxone nasal spray kits available

How to Use an AED

How to Use the AED: 7 Steps:

- Check unresponsiveness.
- Call 9-1-1 or the local emergency number (if applicable) and retrieve the AED.
- Open the airway and check for breathing. ...
- Check for a pulse. ...
- Attach the AED electrode pads.
- Analyze the heart rhythm. ...
- Press the "shock" button, if advised.

How to use the AED

- <https://youtu.be/ckUvaQ-z4xA>
- When to use an AED:
 - A person suddenly becomes unresponsive and has no organized pulse. (CPR Training)

AED is simple and easy

What is recommended

- Have an AED
- Have key persons trained in CPR to operate
- Have adult and pediatric pads

Where you should consider placing your AED

- Narthex
- Parish Hall
- Near Nursery (with Pediatric Attenuator pads)

Narcan (Naloxone)

How to use Narcan Nasal Spray

- Place victim lying supine (on their back)
- Slightly tilt the head/open airway
- Insert nasal tip in one nostril
- Press applicator.
- Monitor and be prepared to begin CPR

Video

- <https://youtu.be/-xTKsHFBXII>
- When to use the Naloxone nasal spray:
 - When you suspect someone may have overdosed.
 - Extreme lethargy
 - Non-responsive
 - Poor or lack of breathing

Where to keep Narcan / What to expect

- Keep with AED
- Keep with First Aid kit
- Depending on the situation, it may take more than one administration. The Naloxone kit is a single dose.

What to look for (Quick Review)

- AED

- Victim suddenly slumps and becomes unresponsive
- Not breathing
- Call 911
- Begin CPR and get someone to get the AED

- Opioid overdose

- Person becomes incoherent, unresponsive, extremely shallow breathing/not breathing
- Turning blue
- Call 911
- Administer Narcan
- If able, determine what was ingested or used.